

An Introduction of Design Thinking

Prepared By:

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Thinking Expert

Presented By:

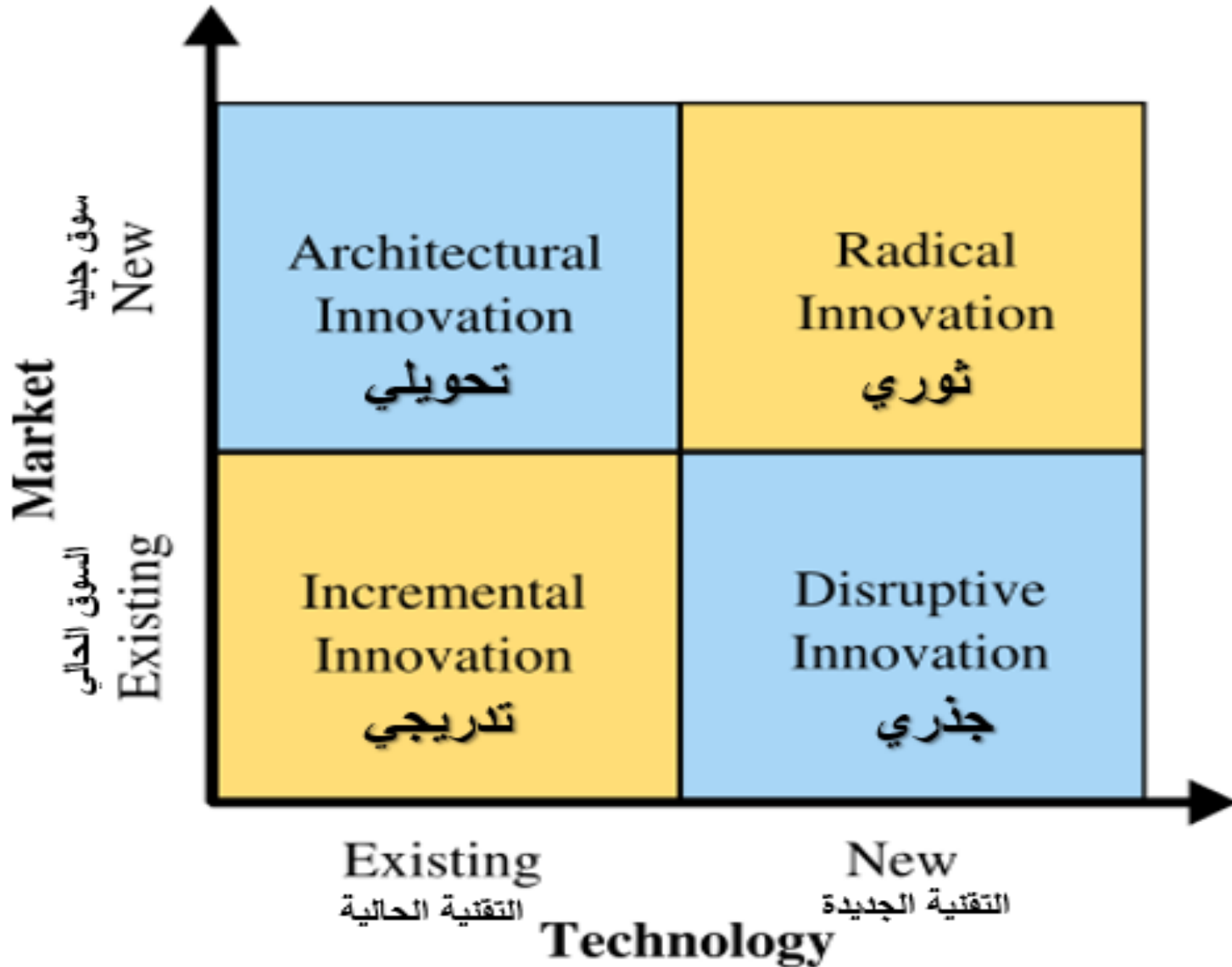
Rawan Alharbi – Initiatives
and Acceleration Officer

Workshop Agenda

#	Topics
1	Welcoming
2	What is Design Thinking?
EMPATHIZE PHASE	
3	Teamwork program Challenge
4	Exercise (1): Start by gaining empathy
DEFINE PHASE	
5	Exercise (2): Reframe the problem
IDEATE PHASE	
6	Exercise (3): generate alternatives to test
PROTOTYPE AND TEST PHASE	
7	Exercise (4): Iterate based on feedback
8	Exercise (5): Reflection and takeaways
9	Conclusion and Discussions

Objectives

1. To introduce the Design Thinking methodology.
2. To apply Design thinking into **Healthcare Challenges.**



Mindset & Attitudes

Empathy
Adaptability
Courage

Beginner Mindset
Emotional Resilience
Open-Mindedness



HEART-ON

Skills: Methods & Tools

Reframing
Ideation
Iterative Prototyping
Sense making
Facilitation
Co-creation
Collaboration



HAND-ON

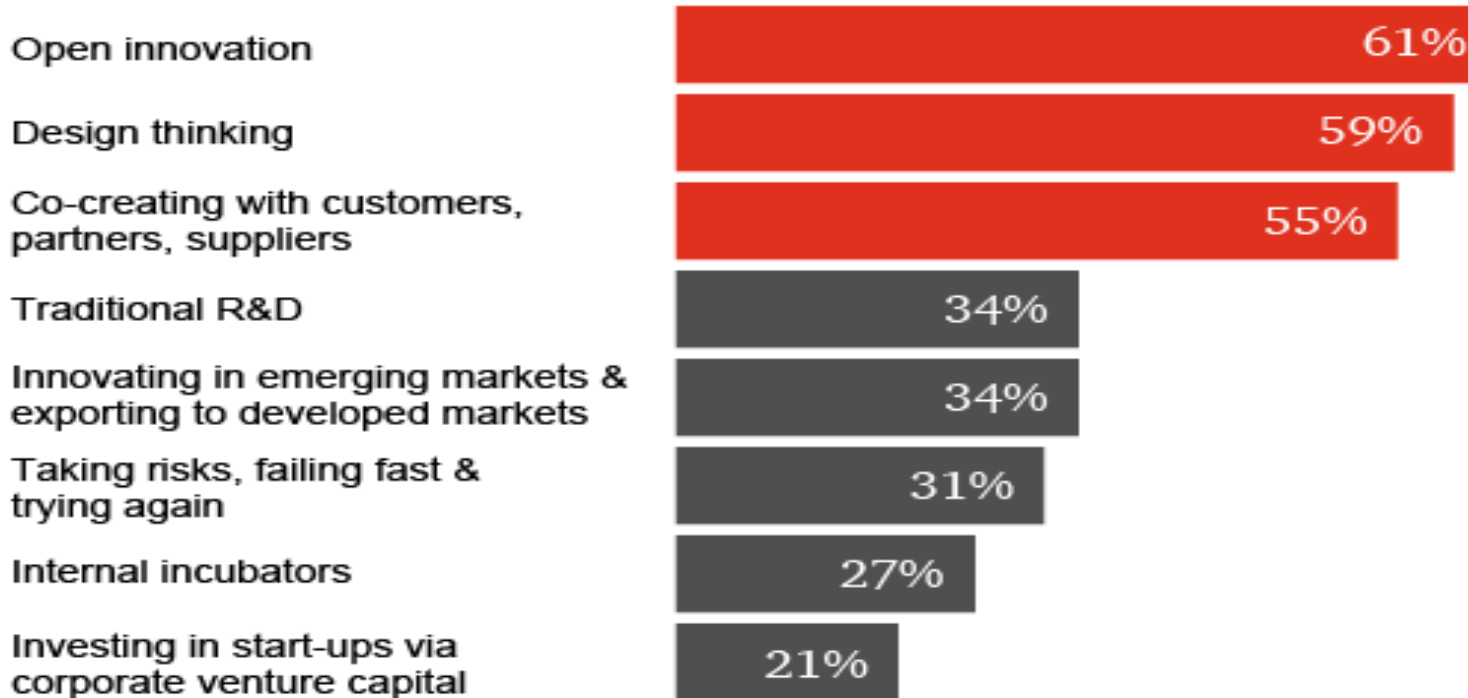
New Ways of Thinking

Divergent Thinking
Synthesis
Systems Thinking
Emotional Intelligence
Visual Thinking
Imagination



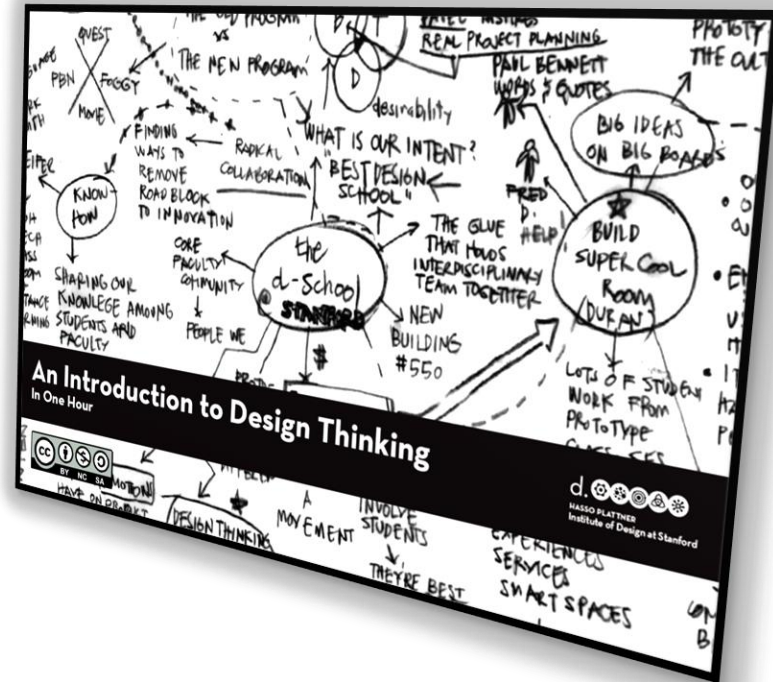
HEAD-ON

More collaborative operating models outpace traditional R&D



Q: What operating models does your organization currently use to drive innovation?
 Percentages denote the number of companies using these innovation models.
 Source: PwC's Innovation Benchmark
 Base: 1,222

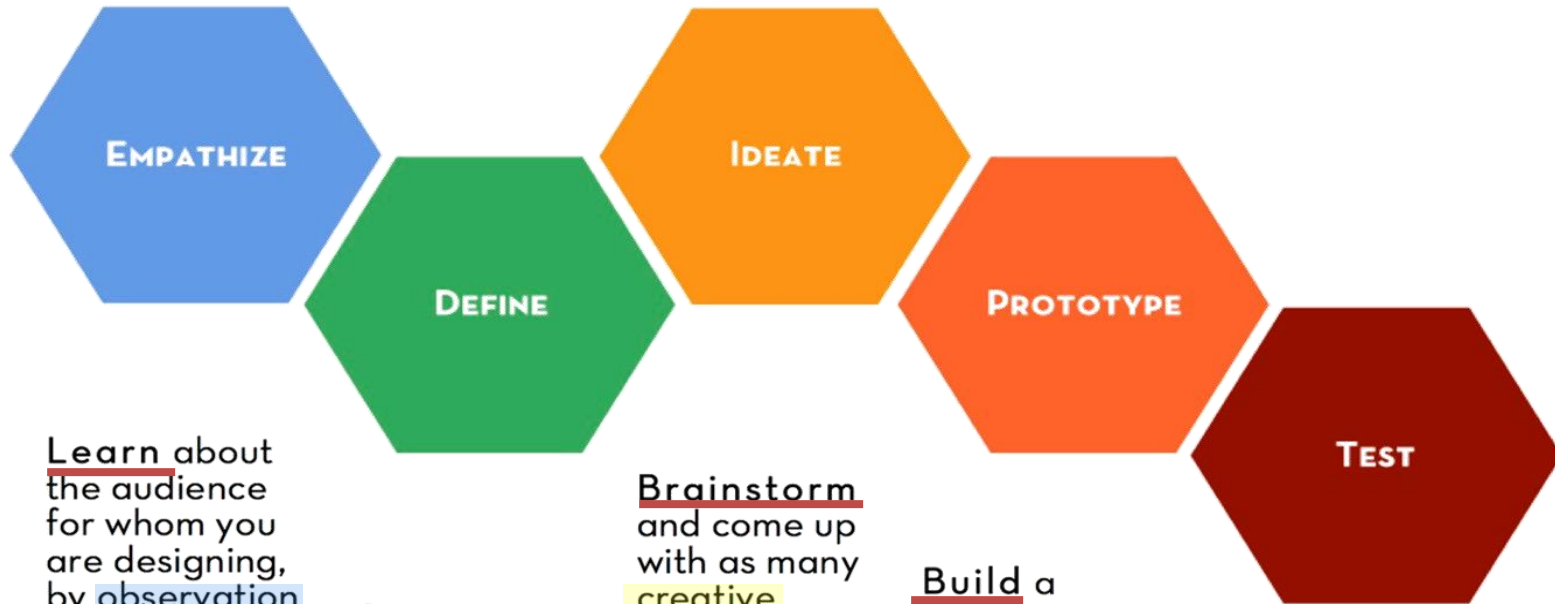
Our Method



D. School – Stanford University,
bootcamp bootleg

<http://dschool.stanford.edu/wp-content/uploads/2011/03/BootcampBootleg2010v2SLIM.pdf>

Design Thinking in 5 Steps



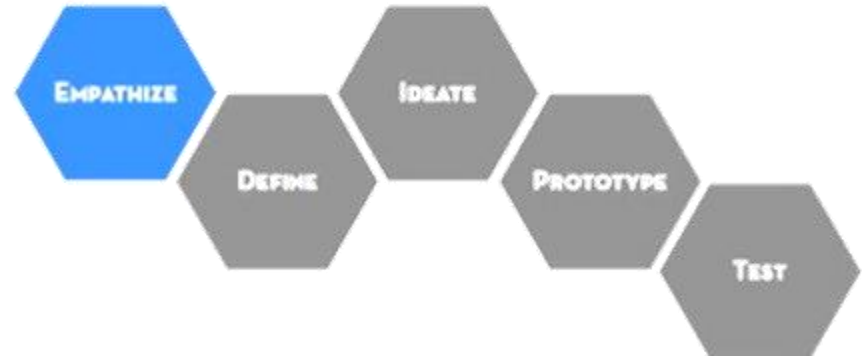
Learn about the audience for whom you are designing, by observation and interview.
Who is my user? What matters to this person?

Create a point of view that is based on user needs and insights.
What are their needs?

Brainstorm and come up with as many creative solutions as possible.
Wild ideas encouraged!

Build a representation of one or more of your ideas to show to others.
How can I show my idea? Remember: A prototype is just a rough draft!

Share your prototyped idea with your original user for feedback.
What worked? What didn't?



EMPATHIZE

*“To create meaningful innovations, you need to **know your users** and **care about their lives.**”*

What are the differences between **Sympathy** and **Empathy**?

The Mud Hole

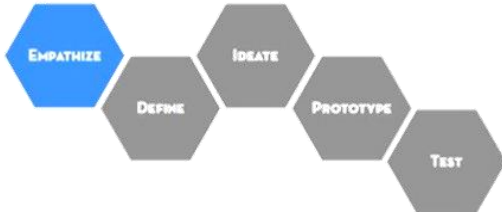
Observing the scene, aware of the pain of the person in the mud hole...but not being very helpful.

the caregiver ends up **stuck in the same mud** as the care receiver to over identify with a person's situation.



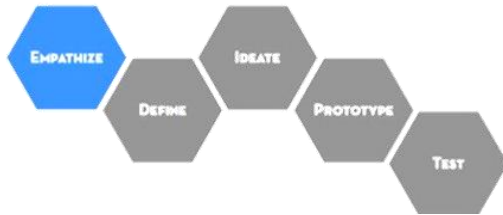
Not completely down in the mud hole and stuck there with the Care Receiver. But also not merely above the scene feeling sorry for the care receiver.

hanging on to **some firm foundation** from which he or she can offer a **helping hand** to the care receiver.



EMPATHIZE

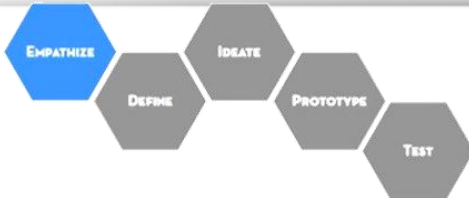
Empathy is the foundation of a **human-centered design** process.



Advantages

Good designs are built on a solid understanding of peoples' beliefs and values. **Engage to:**

1. **Uncover needs** that people have which they may or may not be aware of.
2. **Guide** innovation efforts.
3. Identify the **right users** to design for.
4. Discover **the emotions** that guide behaviours.



Your NEW mission: **Design something useful and meaningful for your partner.**
Start by gaining empathy.

1 Interview

8min (2 sessions x 4 minutes each)

Notes from your first interview

Write an Open Ended Questions

Switch roles & repeat Interview

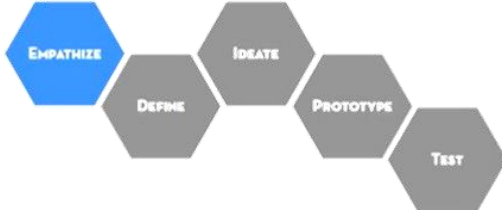
2 Dig Deeper

6min (2 sessions x 3 minutes each)

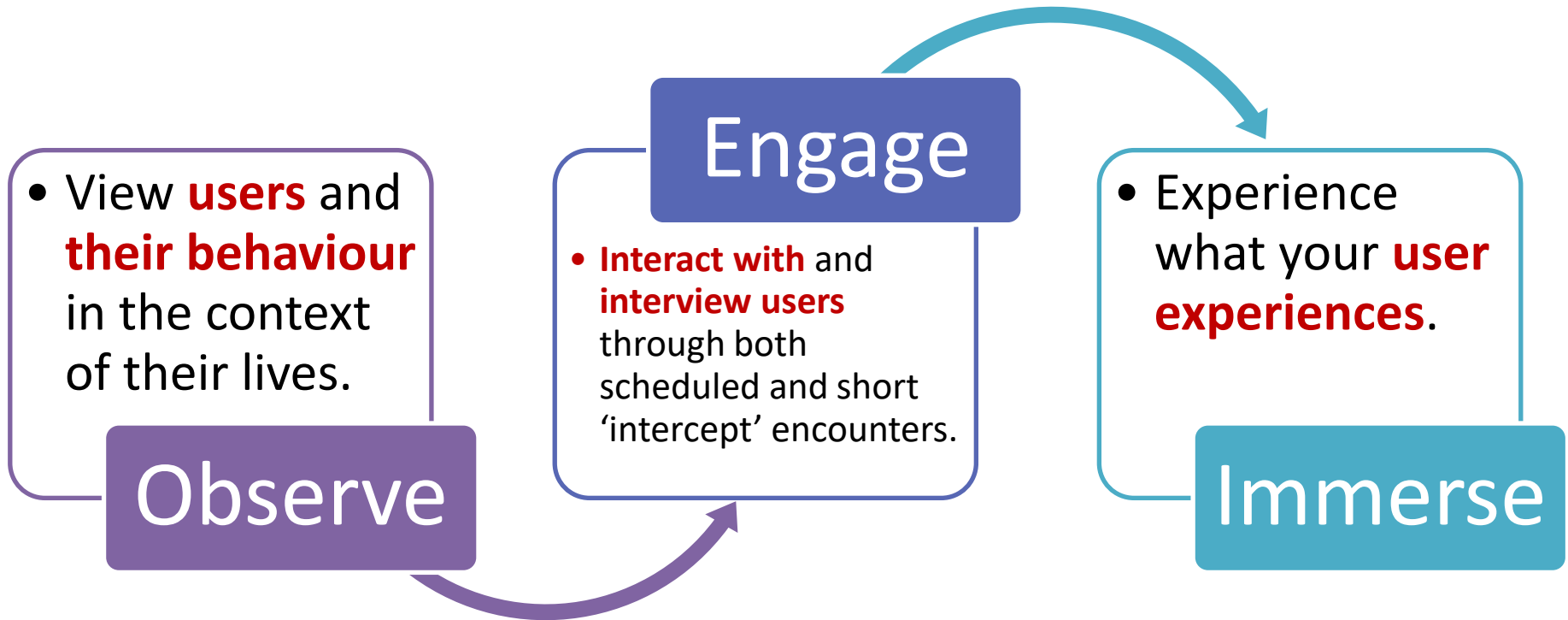
Notes from your second interview

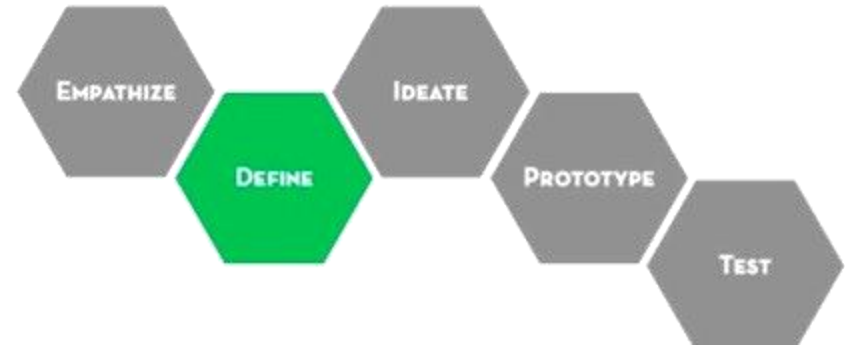
Write "Why?" Questions

Switch roles & repeat Interview



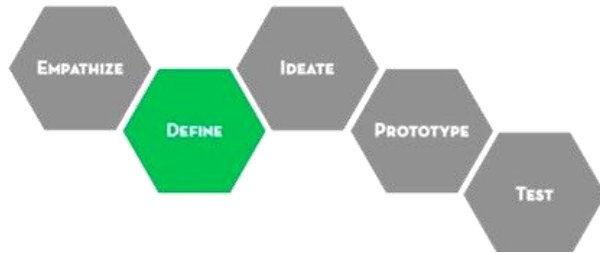
To empathize, you:





DEFINE

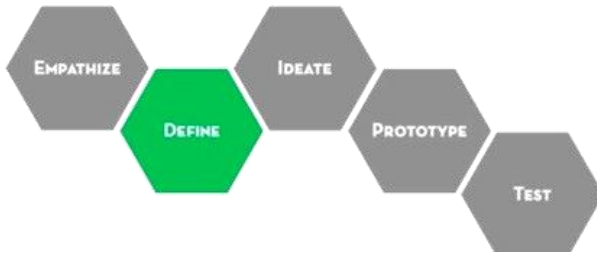
“Framing the right problem is the only way to create the right solution.”



DEFINE

The define mode is when you unpack and synthesize your empathy findings into compelling needs and insights, scope a specific and meaningful challenge.

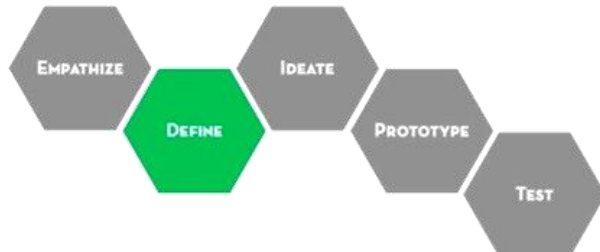
- It is a mode of “focus” rather than “flaring.”



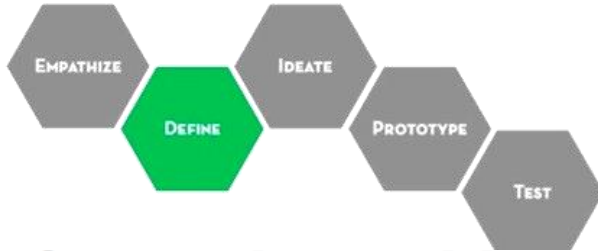
DEFINE

The goal of the define mode is

To develop a deep understanding of your users and the design space. And based on that understanding, to come up with an actionable problem statement: **your point of view.**



Reframe the problem



Reframe the problem.

3 Capture findings 3min

Goals and Wishes:

What is your partner trying to achieve?

*use verbs

Needs – that you have discovered.

Insights – that you find of interest.

Insights: New learnings about your partner's feelings and motivations. What's something you see about your partner's experience that maybe s/he doesn't see?*

*make inferences from what you heard

4 Take a stand with a point-of-view 3min



_____ partner's name/description

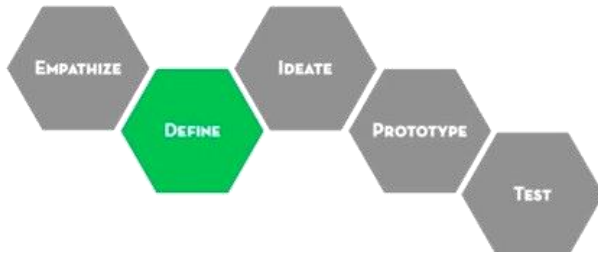
needs a way to _____

user's need

because (or "but ..." or "Surprisingly ...")

[circle one]

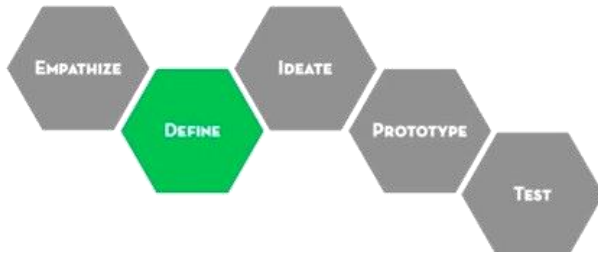
_____ insight



Infection Prevention and Control Challenge

How might we design a reminder for medical staff to do hand hygiene before first contact with inpatients at their room?

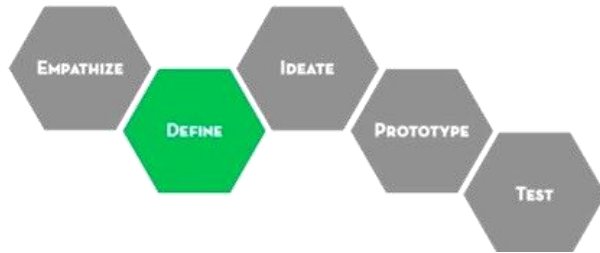




Teamwork Challenge

How might we design a product or service which will encourage KAMC staff to work as a team to increase patients safety culture?

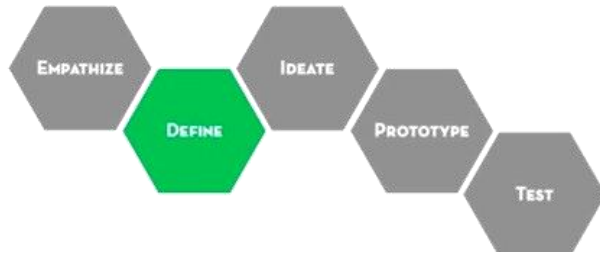




Effective Communication Challenge

How might we design a reminder which will remind the medical staff to identify their patients before the first contact with them in outpatient clinics?

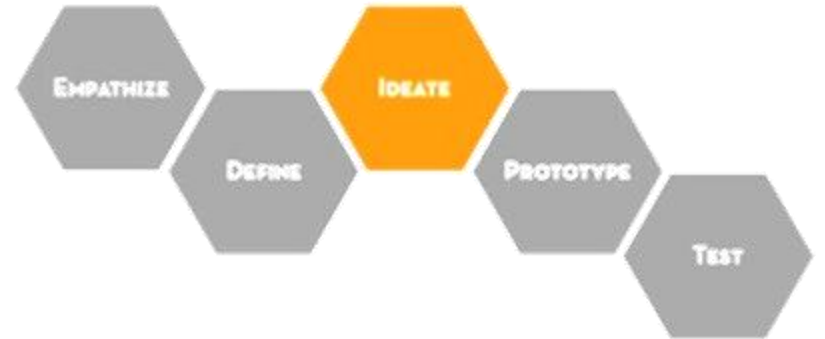




Patient and Family Engagement Challenge

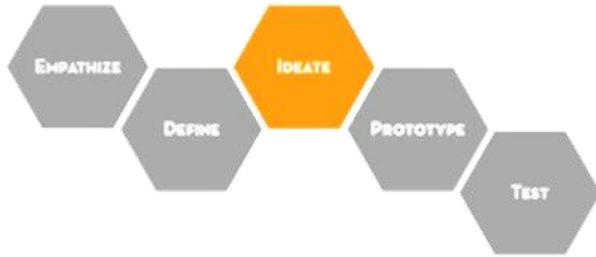
How might we design a tool (product) which will encourage physicians to include Infection diseases' advice in prescribing Antibiotics for their patients?





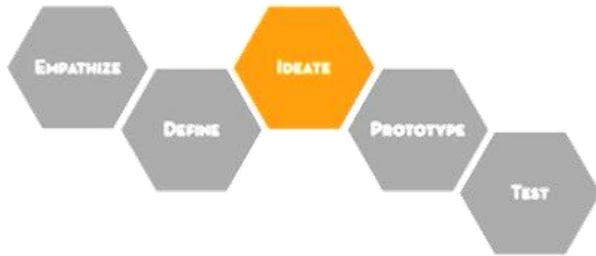
IDEAT

“It’s not about coming up with the ‘right’ idea, it’s about generating the broadest range of possibilities.”



IDEATE

- Ideate is the mode during your design process in which you focus on **idea generation**.
- Mentally it represents a process of “going wide” in terms of concepts and outcomes— it is a mode of “**flaring**” rather than “focus.”

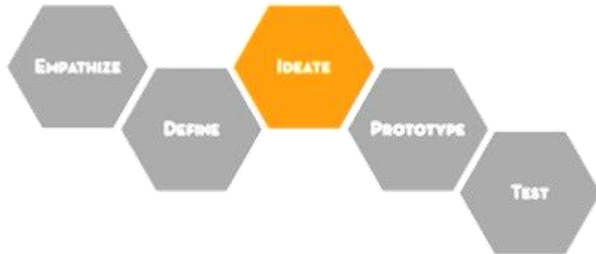


IDEATE

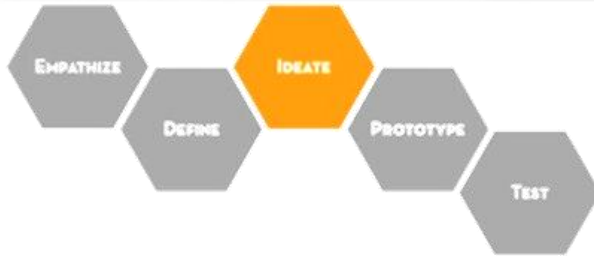
The goal of ideation is

To explore a wide solution space – both a large quantity of ideas and a diversity among those ideas.

From this vast depository of ideas you can build prototypes to test with users.




Generate Alternatives to Test



Ideate: generate alternatives to test.

5 Sketch at least 5 radical ways to meet your user's needs. 5min

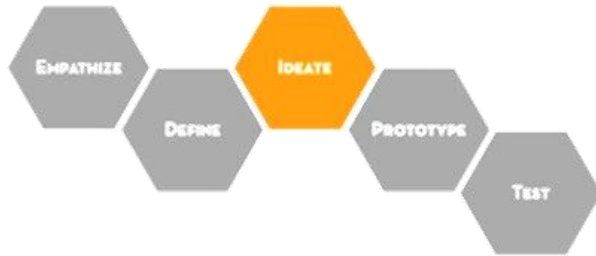
 write your problem statement about _____

	Draw a Sketch or write an idea (one idea in each box) <i><u>Individually</u></i>		

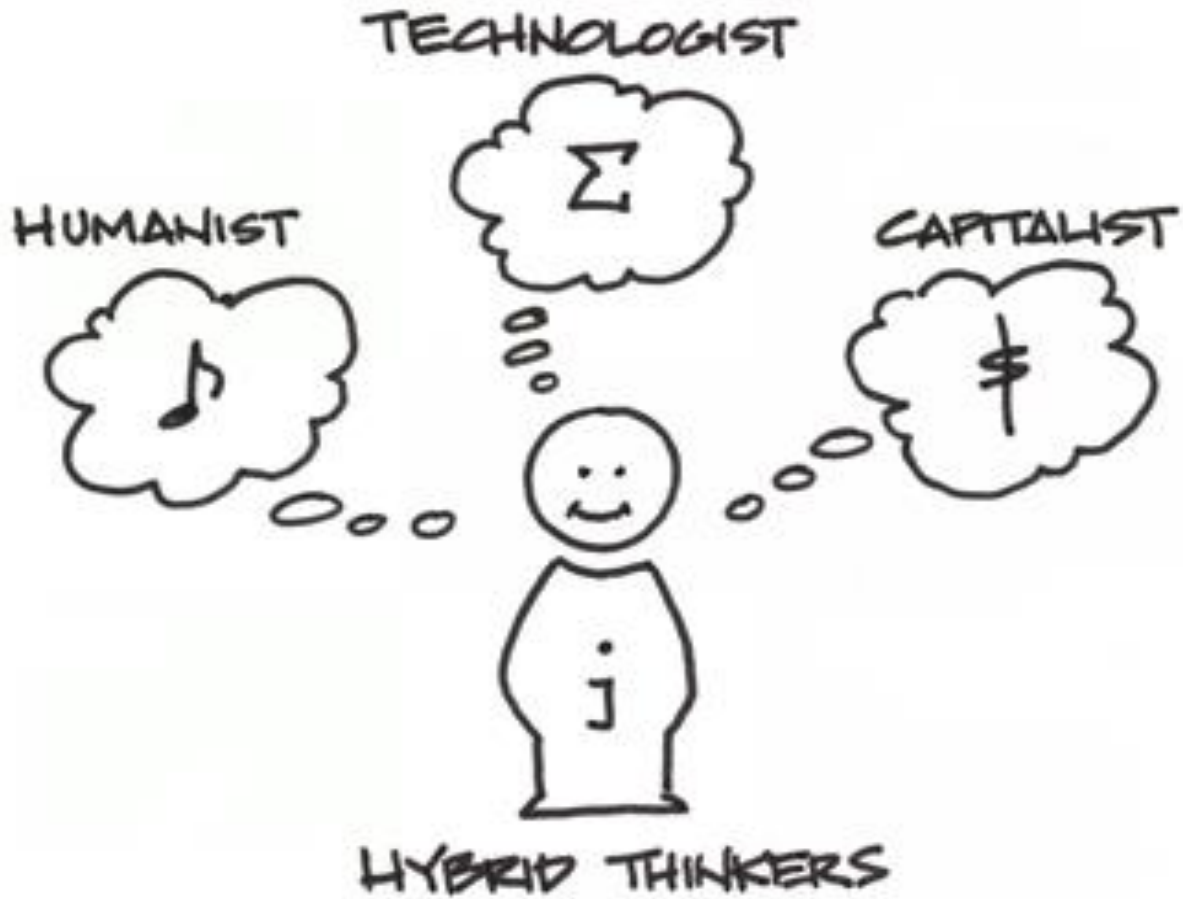
6 Share your solutions & capture feedback. 10min (2 sessions x 5 minutes each)

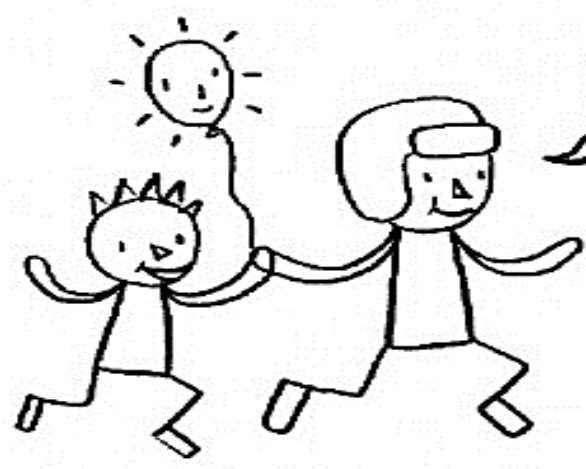
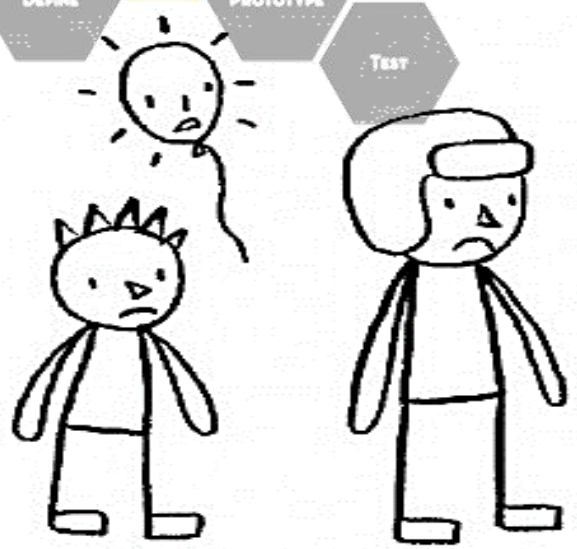
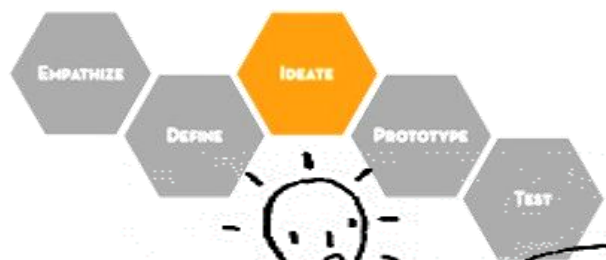
Notes

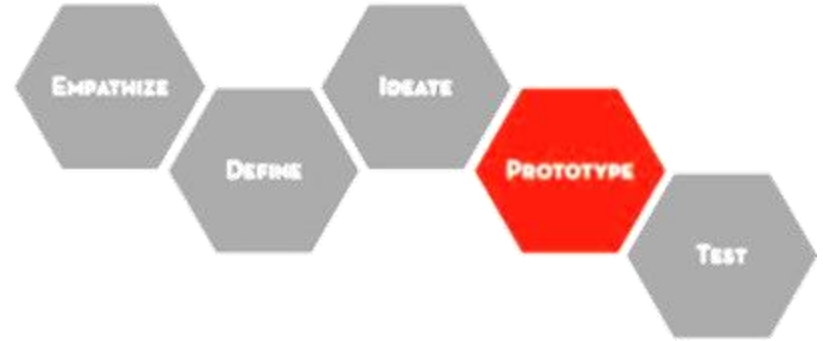
<u>Discuss</u> each Idea with team and write your <u>feedback</u>
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WHO

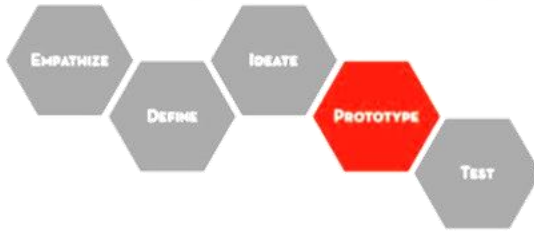






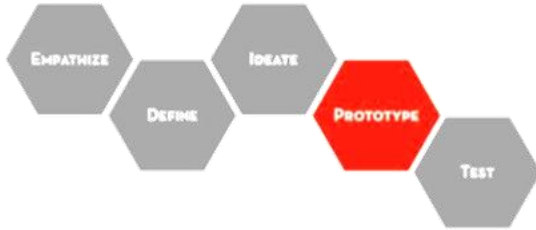
PROTOTYPE

“Build to think
and test to learn.”



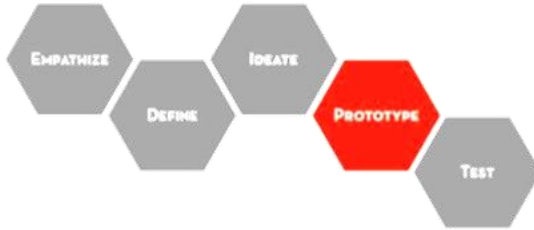
PROTOTYPE

- Prototyping is getting ideas and explorations out of your head and into the physical world.
- A prototype can be anything that takes a physical form – be it a wall of post-it notes, a role-playing activity, a space, an object, an interface, or even a storyboard.

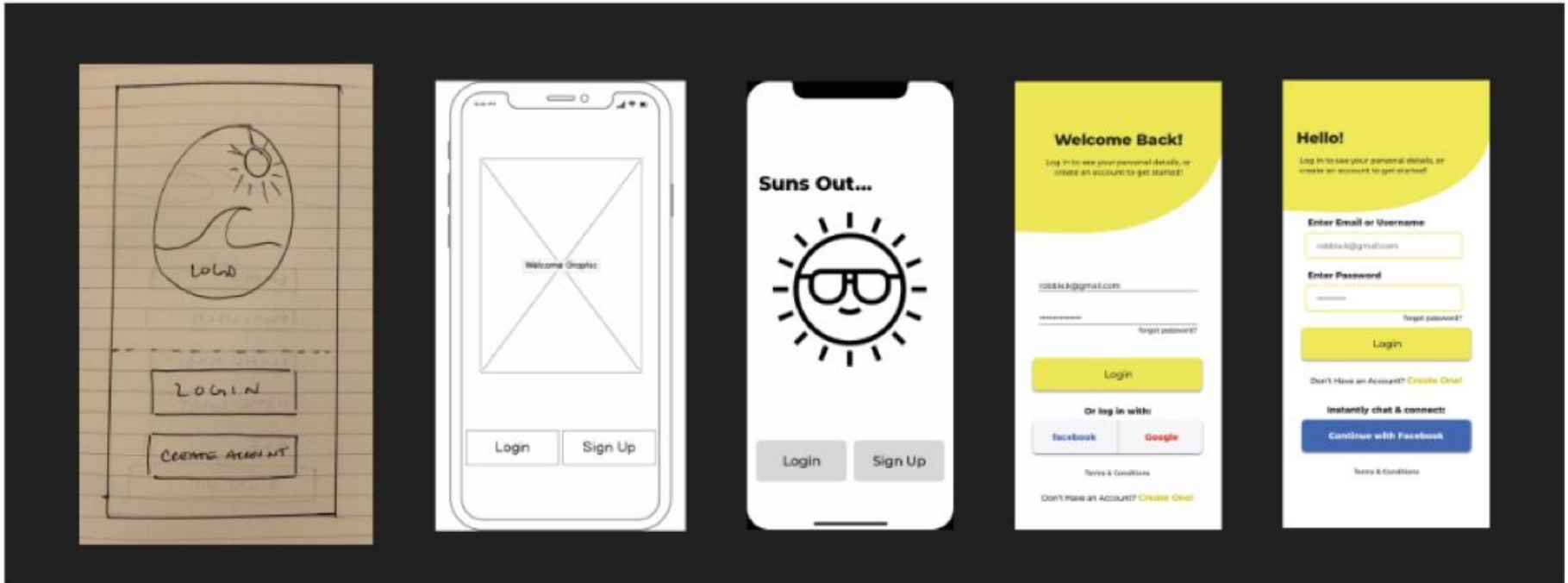


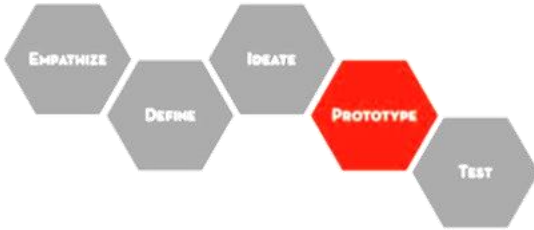
PROTOTYPE





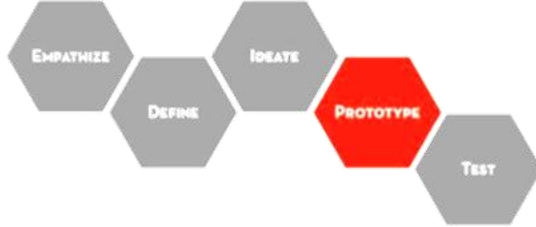
PROTOTYPE





PROTOTYPE

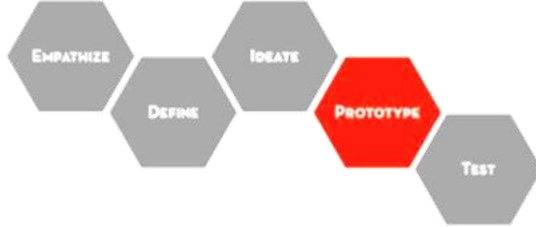




Advantages

Prototypes are most successful when people (the design team, the user, and others) can experience and interact with them.

What you learn from those interactions can help drive deeper empathy, as well as shape successful solutions.



Iterate Based on Feedback

Build and test.

8 Build your solution.

Make something your partner can interact with!

[not here]

7min

9 Share your solution and get feedback.

+ What worked...

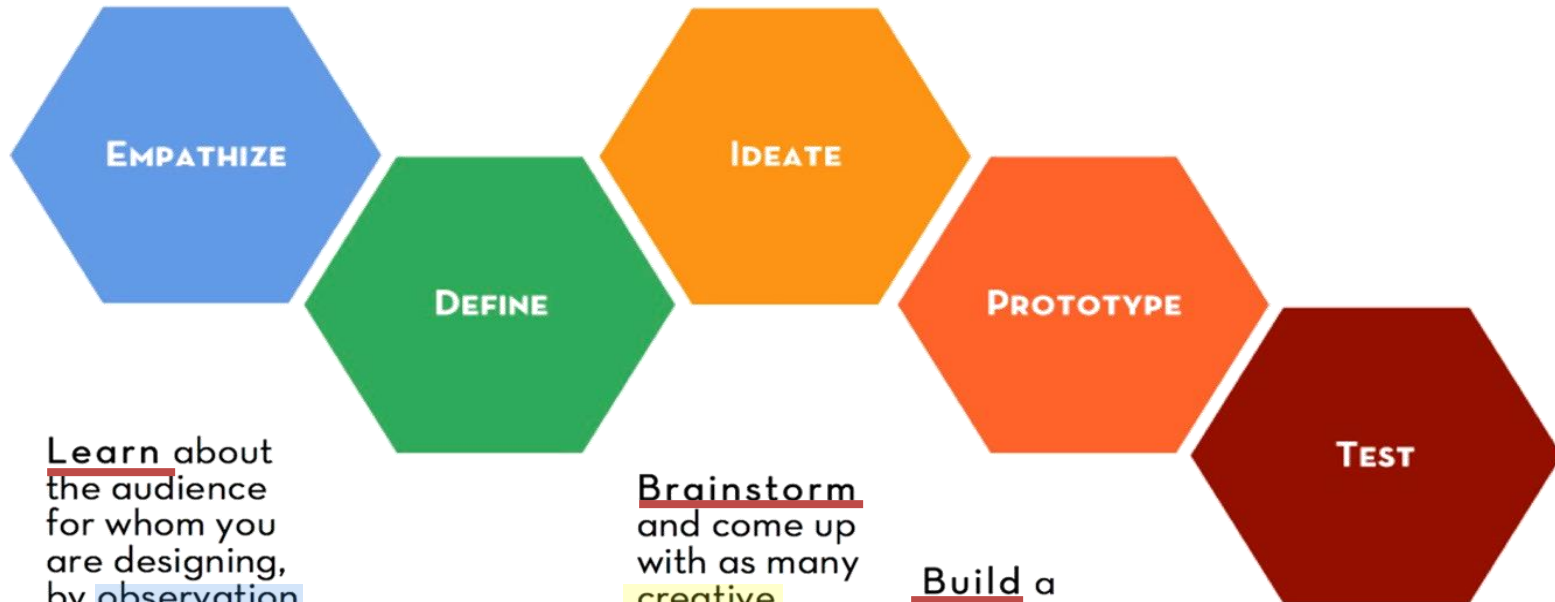
- What could be improved...

? Questions...

! Ideas...

8min (2 sessions x 4 minutes each)

Design Thinking in 5 Steps



Learn about the audience for whom you are designing, by observation and interview.
Who is my user? What matters to this person?

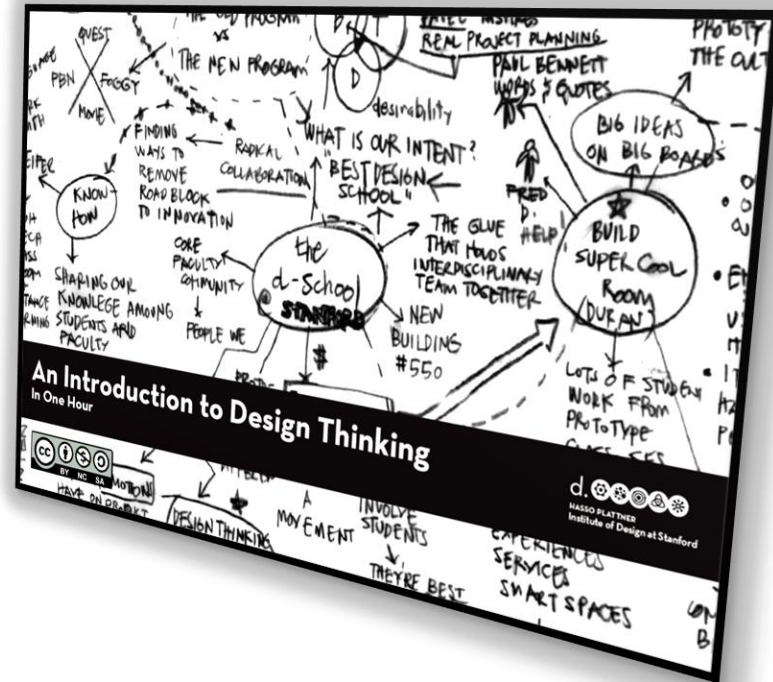
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bootcamp bootleg

<http://dschool.stanford.edu/wp-content/uploads/2011/03/BootcampBootleg2010v2SLIM.pdf>

تقييم المدربة أ. روان الحربي



Thank You